



Comparison of the Training Skills of the Handball Trainers for the First and Second Classes in Iraq

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Abstract

The research consisted of two axes: the level of communication skills and their comparison among the handball trainers for the category of applicants in Iraq. The training communication skills standard was developed and the descriptive method was used in a comparative manner to suit the nature of the research. The research sample included (20) trainers, and the comparisons between training skills were obtained using statistical means.

Keywords: *Training skills and handball trainers.*

Introduction

Communication has an important impact on individuals and groups, and there is a lot of growth and development for societies, so we cannot imagine human society without the process of communication as it is the way that the transfer of an idea or meaning or concept or sense of direction or experience to the other party to become common among them. This is done for many reasons, such as giving or receiving information, expressing feelings or arousing certain sensations, and as a result, behavior change occurs for both sides of the communication, especially the training communication that changes behavior [1].

In the sports field, it is essential that the language and movements that are issued by the coach under his control so as to be easy to understand and do not cause any ambiguity to the trainee because the player is looking for an explanation of any signal is exposed to any movement or issued by the coach. The process of communication between the trainer and trainer (The player) or between the coach and a group of players, and that the means of success of communication use verbal language such as the use of words or sound or any verbal expression skillfully as it happens in learning and training sports skills as well as the use of sign language and symbols or some movements of the body parts of the process of communication [2].

The most important concern of the coach, wherever he is, is how to communicate the training information to his players. Moreover, communication is one of the elements of management to lead the team in achieving the achievement. Effectiveness of the activities of these games and given the importance of the role of the training communication in the delivery of information for all vocabulary training to prepare the players for the state of the integrated training and safety of communication with the group of players in achieving achievement came the importance of research in the comparison between skills contact with the coaches training handball in Iraq and identify them [3].

The successful training process is the integration of the thought and performance of the coach with the thought and performance of the players in the delivery of the content of the training, and as the coach to influence the group of players as a result of interaction and direct contact them in the training units and competitions to achieve achievement in handball game, he should have some communication skills The success of the coach's work depends on his ability to communicate effectively with the players in many situations with different levels and cultures, which are reflected in achieving the goal of training and thus achievement, which

led researcher search this important aspect in the field of sports management component of contact for trainers handball players through the follow-up to many of the coaches handball team in their contact skills with the players and the lack of interest in these skills, which have a significant impact on the continuation of the player training and development and to achieve the best performance in the competition [4].

Objectives

- Recognize the level of communication skills of training handball instructors for the category of applicants in Iraq.
- Comparison of training communication skills of handball trainers for the category of applicants in Iraq.

Field Research Procedures

The researchers used the descriptive method of surveying methods and comparative studies due to their suitability and the nature of the research. The researchers chose the research community from handball trainers working in Iraqi sports clubs for the category of applicants and registered with the Iraqi Central Handball Association for the sports season (2017 - 2018) , With (20) trainers, representing (10) trainers for the excellent grade, and (10) trainers for the first degree, as the proportion of the sample of the community (100%).

Training Skills Scale for Handball Instructors

The researchers used the level of communication skills of the researcher (Baida Karim Fleih), (47) paragraphs (28) positive paragraph, and (19) negative section distributed in (6) areas. As shown in Table (1).

Table 1: The fields and the number of paragraphs and their sequence of the measurement of communication skills

S. No.	Domain Name	Positive paragraphs	Negative paragraphs	Number of paragraphs
1	Speech skill	1,2,5,7,8,9,10	3,4,6,11	11
2	Auditory skill	12,16	13,14,15,17	6
3	Reading skill	18,20,21	19	4
4	Dexterity	22,24,27,28,30	23,25,26,29	9
5	The skill of nonverbal signals	32,33,35,36,38,39,40,41	31,34,37	11
6	Communication skills and methods and aids	43,44,47	42,45,46	6
Total		28	19	47

They used alternatives to answer the paragraphs of the scale, and reached five

alternatives per paragraph and Table (2) shows that.

Table 2: Alternatives to the answer and the correction key for the items of the communication skills scale

S. No	Paragraphs	completely agree	Agreed	Sometimes	I do not agree	I do not completely agree
1	Paragraph	5	4	3	2	1

Pilot Study

The two researchers conducted an exploratory experiment on an adult sample of (4) trainers, two of them of the excellent class of clubs (Kufa and Karbala), and two of them first class clubs (Alshabaab, Musayyib), 10-11/3/2018. Phrases and inquires about any ambiguity, and it turned out that the average time taken to answer the meter (16) minutes.

Application of the Communication Skills Standard on the Main Sample

The sample was applied on the main sample of (20) trainers, in the period from Tuesday (25/3/2018) to Tuesday (3/4/2018). The researchers used the correction key (5-1)

prepared for this purpose. Thus, the highest score obtained was 221 and the lowest score is 139 with an average of 172.50 and a standard deviation of 20.55).

Statistical Methods used in Research

The researchers used the Statistical Social Sciences (SPSS) to process data.

View, Analyze and Discuss Results

Presentation of the Results of Communication Skills between the Two Groups of Trainers for the First Class and the First Class, Analysis and Discussion

Table 3: Results of communication skills between the two groups of trainers for the first and first class

Variable	Excellent Class Trainers		First Class Trainers		(t) value*	Sig.	Augury
	Mean	SD	Mean	SD			
Communication skills	195.60	12.50	150.80	8.71	9.29	0.000	Sig.

* Morality at level of significance (0.05%) and degree of freedom (N -2) = 18.

The scores for the first class and first class coaches respectively were 195.60 and 150.80 and the standard deviation of the two groups was (12.50) and (8.71) respectively. The value of (t) Calculated (9.29) which is greater than the value (sig) of (0.000) and this indicates the significance of the results and in favor of the group of coach's excellent grade.

Discuss the Results of Communication Skills between the Two Groups of Trainers for the first Class and First Class

The results of Table (3) show a significant comparison between the two excellent and first-class trainers. The results of the table show that the group of top-level trainers has superior communication skills (verbal skill, hearing skill, literacy skill, reasoning skills, nonverbal skills, and communication aids and aids). This means that the group of trainers excellent grade communication skills better than the group of trainers of the first class and for this reason attributed by the researchers that the arrival of the coach to the excellent grade needs to many requirements and multiple simple or "Communication is a vital and important factor for effective performance, and the acquisition of oral, written, hearing and other communication skills means the individual's ability to communicate, to communicate in a way that makes it understood by others and makes them look for feedback in word and deed, and show the importance of communication clearly in sports, through which the coach can convey his ideas and training perceptions to the players and through reading events.

Coach athlete to use the connection to practice all the different administrative work, and here shows clearly the importance of the close relationship between the information and communication as it is by contacting the transfer of information so that the coach to use in decision-making process [5]. And that the decision-making of the sports coach does not mean much for his work, as the decision is not effective until the completion of the transfer and delivery to the players in order to achieve the goal sought by all and then enter the reaction process and therefore the implications of the expectations of the coach and his actions in guiding the team [6]. The communication between the coach and the player is an interchangeable form. The messages are reciprocal, in which the coach transfers his experiences, instructions and orders to the players.

The players convey their feelings and feelings towards the tasks they perform. The communication between the coach and the player is characterized as a direct contact characterized by professional symbolism. But the growth of the relationship between the coach and the player makes these symbols and signs vocabulary new language arises between them and is a special language for strong communication between them is the perception of what is happening in the hearts of the custodians of values, principles: standards, social. The impact of the message is in line with the framework, values, standards, and social years that we have created ", [7] and to attach great importance to training as the scientific idea or information is presented in several ways and these methods occur a certain impact and each player to feed back the information he acquired and therefore Successful communication needs quality through feedback "[8]. A successful coach should not be one-way, especially for subjects that need to be resonant with others, in the sense that one-way communication can often be specific and reduce the effectiveness of the communication itself.

The coach should be aware of the objectives of the communication process and, ultimately, the improvement of the training process and the sub-goals it entails, such as raising the morale of the players, providing them with expertise, information and data, and communicating ideas, information and organization to them" [9].

Conclusions

- Possessing training communication skills for all handball trainers.
- The coaches of the first class superior to the trainers of the first class in the skills of communication training for the characteristics of the trainers of the degree of excellence.
- Lack of interest in training communication skills by all trainers and lack of development is the key to the delivery of

information, ideas, training plans and others.

- External influences affect communication skills during the training period and

negatively affect communication with players.

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